



# NetSetGo (5-6 year old boys and girls) Jimboomba Netball Association will be running a NetSetGo Program in 2025.

#### What is it?

Woolworths NetSetGo is a fun, safe, social and active program for **girls and boys aged 5 to 6**. It gives kids of all abilities a positive introduction to netball and teaches them the basic skills of the sport. Each week your child will take part in **skill based activities**, **minor games**, **music** and towards the end of the program **modified games** that will help them develop fundamental movement skills, as well as important social skills like team work. Each session will be led by an accredited coach, using modified equipment. There are 10 sessions.

### What will my child learn?

- Throwing, passing and catching
- Take off and landing
- Change of direction
- Goal shooting
- Movement skills
- Team work
- Communication

## What will my child receive?

- 10 NetSetGo sessions led by a qualified coach
- Net Set Go pack

#### **SESSION DATES:**

April 26, May 3, 10, 17, 24 (First Nations Day), 31,

June 7, 14, 21(Cultural Heritage Day), July 19

**SESSION TIME:** 9am - 10am please be at the courts prior to 9am to be

ready to commence at 9am

July 19 is Pink Gala Day, a non-competitive day of fun and games, fund raising for breast cancer. Participants will play modified games against other teams.

**COST:** \$130.00

REGISTER: HERE