

QUEENSLAND GOVERNMENT COVID-19 REGULATIONS

CLOSE CONTACTS:

You are a close contact if you have been with a person that has had COVID-19 for more than four hours in a house or other accommodation, a care facility or similar.

1. IMMEDIATELY QUARANTINE:

Quarantine means you need to stay away from other people as much as possible because you are at the highest risk of getting COVID-19 and if you do, you may spread it to others.

If you are a close contact, you need to immediately quarantine yourself at your home, or at other suitable accommodation, for 7 full days from the date you last had contact with the person that has COVID-19. If you live with them, your quarantine will last the same amount of time as their isolation period.

If you have any COVID-19 symptoms, even mild, when you find out that you are a close contact, you must **GET TESTED**. You can get tested using a Rapid antigen Test (RAT) or a PCR test. If you test positive, follow the **first steps if you have COVID-19**.

2. GET TESTED IF YOU HAVE SYMPTOMS:

If you develop symptoms at any time while you're in quarantine, **GET TESTED**.

If you test positive, follow the **first steps if you have COVID-19**.

3. LOOK AFTER YOURSELF:

While you are staying home, use our tips on **looking after your mental wellbeing and keeping healthy and active at home**.

4. GET TESTED ON DAY 6:

Get tested on day 6 of your quarantine period. You can get tested using a Rapid antigen Test (RAT) or a PCR test.

If your test result is negative and you have no COVID-19 symptoms at the end of the day 7 of your quarantine period, you can end quarantine.

Remember that the days of your quarantine period start counting:

- If you live with the person diagnosed with COVID-19, from the date person took the initial test that returned a positive test.
- If you do not live with the person diagnosed with COVID-19, from the date you last had contact with them.

If you test positive, follow the **first steps if you have COVID-19**.

MORE INFORMATION: Some of the information on this page is a requirement, under a public health direction. To read more about these requirements, read the **Isolation for Diagnosed Cases and Management of Close Contacts** direction.



Queensland Government